



# Keiki Gourmet

Keiki Gourmet strictly follows the nutrition standards and meal patterns outlined by the USDA CACFP. <https://www.fns.usda.gov/cacfp/meals-and-snacks>  
 Menu items are subject to change. Breakfast & Lunch are served with 1% (Age 2+) or Whole Milk (Age 1). Whole grain-rich items are indicated in RED.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>NOVEMBER 2024 MENU</b>			1
				Lunch TURKEY DOG HOT DOG BUN SLICED CUCUMBERS MANDARIN ORANGES B. CHEX, FRESH BANANA S. RITZ CRACKERS, CHEESE STICK
4	5	6	7	8
Lunch WHOLE WHEAT MACARONI W/GROUND BEEF & VEGETABLE TOMATO SAUCE ENRICHED BREAD STICKS PEACHES B. CHEX, FRUIT COCKTAIL S. GOLDFISH, 100% GRAPE JUICE	Lunch BAKED BBQ CHICKEN PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS B. BISCUITS, APPLE SAUCE S. CLUB CRACKERS, 100% PINEAPPLE JUICE	Lunch GROUND BEEF CURRY MIX VEGETABLES ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS B. CHEERIOS, FRESH BANANA S. SALTINE CRACKERS, 100% ORANGE JUICE	Lunch BAKED GINGER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW B. W.W. WAFFLES, FRESH ORANGES S. RITZ CRACKERS, 100% APPLE JUICE	Lunch WHOLE GRAIN 3.19OZ CHICKEN BREAST PATTY BY TYSON CN#WFS099333 SLICED CARROTS MANDARIN ORANGES B. HONEY BUNCHES, FRESH BANANA S. WHEAT THINS, FRESH WATERMELON
11	12	13	14	15
VETERANS DAY	Lunch GROUND BEEF BULGOGI MIX VEGETABLES ENRICHED/BROWN RICE MIX PEARS B. W.G. BAGELS, FRUIT COCKTAIL S. SALTINE CRACKERS, 100% PINEAPPLE JUICE	Lunch BAKED HERB CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS B. KIX, APPLE SAUCE S. HONEY GRAHAM, 100% ORANGE JUICE	Lunch BAKED CAJUN FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW B. W.G. ENGLISH MUFFIN, FRESH ORANGES S. CHEESE IT, 100% APPLE JUICE	Lunch KALUA PULLED PORK SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES B. CORN CHEX, FRESH BANANA S. RITZ CRACKERS, 100% GRAPE JUICE
18	19	20	21	22
Lunch SALISBURY STEAK (2.5 OZ BEEF PATTY BY TYSON) CN#095418 MIX VEGETABLES ENRICHED/BROWN RICE MIX PEACHES B. KIX, FRUIT COCKTAIL S. HONEY GRAHAM, 100% GRAPE JUICE	Lunch SHOYU CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PEARS B. W.W. PANCAKES, APPLE SAUCE S. CLUB CRACKERS, 100% PINEAPPLE JUICE	Lunch POT ROAST BEEF PEAS AND CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS B. CHEERIOS, FRESH BANANA S. WHEAT THINS, 100% APPLE JUICE	Lunch BAKED LEMON PEPPER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW B. MINI MUFFINS, FRESH ORANGES S. CHEESE IT, 100% ORANGE JUICE	Lunch 4 OZ WHOLE GRAIN CHICKEN CORN DOG BY FOSTER FARM CN#95150 MIX SALAD MANDARIN ORANGES B. CORN CHEX, FRESH BANANA S. RITZ CRACKERS FRESH WATERMELON
25	26	27	28	29
Lunch WHOLE GRAIN CHEESE BREAD VEGETABLE MARINARA PEACHES B. KIX, FRUIT COCKTAIL S. HONEY GRAHAM, 100% GRAPE JUICE	Lunch GROUND BEEF CHILI PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEACHES B. HONEY BUNCHES, FRUIT COCKTAIL S. TEDDY GRAHAM, 100 % ORANGE JUICE	Lunch ROASTED TURKEY GREEN BEANS SLIDER BUN PEARS B. W.G. BAGELS, APPLE SAUCE S. SALTINE CRACKERS, 100% PINEAPPLE JUICE	HAPPY THANKSGIVING	HAPPY THANKSGIVING

"This institution is an equal opportunity provider."